

BERKNER RAM

JUNIOR HIGH FOOTBALL CAMP



FOR THOSE *ENTERING* GRADES 7-9

DATE: August 1-4, 2011 (Monday- Thursday)
LOCATION: Berkner H.S. Athletic Facility
TIME: 8:30 -11:00 A.M. (*dropoff & pickup in East parking lot by baseball field*)
FEE: \$40.00 ***\$45.00 FEE IF PAID AFTER July 29, 2011

The camp will be very beneficial for a young person interested in football. The Ram Football camp will be conducted by the Berkner High School football coaching staff. The coaches will provide each athlete with individual attention on basic skills as well as providing opportunities for athletes to participate in non-contact team activities. The camp will be conducted in a safe manner, with all activities closely supervised and water will be available at all times. All camp participants will receive a “**Berkner Ram Football Camp**” t-shirt.

INSTRUCTION OBJECTIVES:

| | |
|------------------------|--|
| QUARTERBACKS: | stance, center exchange, ball handling, faking, footwork, passing release, play execution, and reads |
| RUNNING BACKS: | stance, ball handling, faking, handoff exchange, running, blocking, and pass receiving |
| OFFENSIVE LINE: | stance, starts, blocking techniques, and pass protection |
| RECEIVERS: | stance, receiving drills, blocking, pass routes, and play calling |
| DEFENSIVE LINE: | stance, pursuit, blow delivery, alignment, reading offensive keys, pass rush, and gap responsibility |
| LINEBACKERS: | stance, pursuit, alignment, run techniques, and pass responsibilities |
| SECONDARY: | stance, alignment, pass coverage, interception drills, reads, and footwork |
| SPECIAL TEAMS: | deep snappers, punting, kickers, kick returners, punt coverage |

WHAT DO I NEED FOR CAMP?

1. TOWEL: You must provide your own towel if you feel you need one.
2. ATTIRE: Shorts, t-shirt, socks, shoes (cleated shoes would be best).
3. JEWELRY: Please leave all jewelry at home. We will not be responsible for valuables.
4. **COMPLETED APPLICATION SHEET**



For more information, contact the Berkner Football Staff :

Athletic Director/Head FBCoach
Asst. Football Coach Scott Sellers

469-593-7050
469-593-7269

jim.ledford@risd.org
scott.sellers@risd.org

RAM JUNIOR HIGH FOOTBALL CAMP APPLICATION

MAKE **CHECK** PAYABLE TO: **Berkner Rams Football**

NAME: _____ ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

PARENTS OR LEGAL
GUARDIAN'S NAME: _____

HOME PHONE: _____ WORK PHONE: _____

SCHOOL ATTENDING IN 2011-2012: _____ GRADE FOR 2011-2012: _____

BIRTH DATE: _____ HEIGHT: _____ WEIGHT: _____

EMERGENCY CONTACT (DURING CAMP TIMES):

NAME: _____ PHONE: _____

MEDICAL INFORMATION:

I hereby certify that _____ is physically fit to participate in the RAM FOOTBALL
CAMP. I know of no physical impairments, which would in any manner limit participation in such a program. Is there any pertinent
information which we might need regarding your son such as diabetes, epilepsy, etc? _____

I hereby register my child for the camp described below and authorize the staff to direct him in participation in camp activities. I authorize the
staff to attend any health problem or injury my child may incur while attending camp. I further acknowledge that the RAM FOOTBALL CAMP,
the coaches, Richardson I.S.D., and anyone associated with the RAM FOOTBALL CAMP, will not be liable for any damage from injuries or
illness sustained during the RAM FOOTBALL CAMP.

SIGNATURE OF PARENT OR GUARDIAN

Make checks payable to : RAM FOOTBALL CAMP

PLEASE NOTE: \$40.00 Fee If Paid Before July 29, 2011. Fee is \$45 AFTER July 29, 2011

NO REFUNDS DURING OR AFTER WEEK OF CAMP!

Checks may be dropped of at the athletic office or mailed to the following address:

Ram JUNIOR HIGH Football Camp
C/O-Jim Ledford
1600 East Spring Valley Road
Richardson, Tx. 75081